



## **Fall 2020 Virtual CSHA Conference: Course Two**

**Date:** October 29th, 2020

**Time:** 6:00PM- 8:00PM

**Format:** Live speakers via Zoom

**Professional Cost:** \$25.00

**Student Cost:** \$10.00

**Registration Link:** All interested parties may register for the conference online via [ctspeech.org](https://ctspeech.org) by logging in (member or non-member account) and clicking on “Events.” A link to join a Zoom meeting will be sent to all registered participants two days prior to the course.

**This course consists of two voice related topics, as described below, as presented by two speakers.**

**Title of Conference:** *Vocal Fold Pathologies: Diagnosis and Management*

**Speaker # 1:** Nikita Kohli, MD

**Title of Presentation:** *Phonotraumatic Lesions of the Vocal Folds: A Practical Approach to Management*

**Description of Presentation:**

This presentation will detail vocal fold anatomy, common phonotraumatic lesions of the vocal folds, and an evidence-based approach to medical, surgical, and therapeutic management. The anatomy and stroboscopic findings of these lesions will be demonstrated. The role of office-based treatment for these lesions will be discussed in detail. Further, an emphasis on multidisciplinary management among the laryngology and speech language pathologist will be placed with a focus on shared decision-making.

**Speakers' Biographies:**

Dr. Kohli attended Northwestern University, graduating with degrees in Biological Sciences and Global Health. She received her medical degree from the University of Virginia. She went on to residency training in Otolaryngology-Head and Neck Surgery at the State University of New York Downstate Medical Center in Brooklyn, NY. She also completed fellowship in laryngology and neurolaryngology at the New York Center for Voice and Swallowing Disorders with Dr. Andrew Blitzer, where she also served as a junior attending at Mount Sinai West/St. Luke's Hospital. Dr. Kohli is now an Assistant Professor at the Yale School of Medicine in the Division of Otolaryngology, and works as a physician at Yale New Haven Hospital. Her clinical interests include the spectrum of voice, airway, and swallowing disorders. She is board-certified by the American Board of Otolaryngology.

**Disclosures: Guidelines exist whereby all speakers must disclose any relevant relationships.**

Financial disclosure: Nikita Kohli, MD is employed by the Yale School of Medicine and Yale-New Haven Hospital. No relevant non-financial disclosures exist. She has no other relevant financial or non-financial relationships to disclose.



### **Learner Outcomes:**

After attending this presentation, learner will be able to:

1. Describe stroboscopic appearance of benign vocal fold lesions
2. Discuss strategies for management of lesions including the burgeoning role of office-based treatment
3. Expand upon the role of multidisciplinary management of phonotraumatic lesions

### **Time-ordered Agenda**

- 6:00- 6:05 (5 minutes) – Introduction
- 6:05-6:15 (10 minutes)– Vocal Fold Anatomy
- 6:15-6:25 (10 minutes) – Stroboscopic Appearance of Phonotraumatic lesions
- 6:25-6:40 (15 Minutes)– Management Strategies
- 6:40-6:50 (10 minutes) – Multidisciplinary Assessment
- 6:50-7:00 (10 minutes) – Conclusions and Questions

**Speaker # 2:** Michael Lerner, MD

**Title of Presentation:** *Benign Vocal Fold Lesions: Nomenclature & Clinical Implications*

### **Description of Presentation:**

This presentation will detail vocal fold anatomy, common benign vocal fold lesions, and an evidence-based approach to medical, surgical, and therapeutic management. The role of office-based treatment for these lesions will be discussed in detail. Further, an emphasis on multidisciplinary management among the laryngology and speech language pathologist will be placed with a focus on shared decision-making.

### **Speaker Biography:**

Dr. Lerner specializes in the medical and surgical treatment of laryngeal disease. He is the Director of the Voice Center at Greenwich Hospital. His clinical practice focuses on the diagnosis and management of vocal cord (or fold) disease related to professional and performing voice use, as well as neurologic voice disorders, such as vocal fold paralysis, vocal paresis, spasmodic dysphonia, and vocal tremor. He also specializes in the use of botulinum toxin for the treatment of a variety of head and neck disorders including spasmodic dysphonia.

He graduated summa cum laude and Phi Beta Kappa from Brandeis University and Alpha Omega Alpha from Tufts University School of Medicine. He completed his residency training in Otolaryngology - Head and Neck Surgery at Yale-New Haven Hospital and went on to complete a fellowship in laryngology & neurology at The New York Center for Voice & Swallowing Disorders. He served as faculty at The Albert Einstein College of Medicine for several years prior to returning to Yale.



**Disclosures: Guidelines exist whereby all speakers must disclose any relevant relationships.**

Financial disclosure: Michael Lerner, MD is employed by the Yale School of Medicine and Yale-New Haven/ Greenwich Hospital. No relevant non-financial disclosures exist. He has no other relevant financial or non-financial relationships to disclose.

**Learner Outcomes:**

After attending this presentation, learner will be able to:

1. Describe stroboscopic appearance of benign vocal fold lesions
2. Understand the clinical implications of accurate diagnosis and nomenclature use for benign vocal fold lesions
3. Expand upon the role of multidisciplinary management of benign vocal fold lesions

**Time-ordered Agenda**

- 7:00- 7:05 (5 minutes) – Introduction
- 7:05-7:25 (20 minutes)– Assessment and Diagnosis of Benign Vocal Fold Lesions
- 7:25-7:45 (20 minutes) – Multidisciplinary Management Techniques
- 7:45-8:00 (15 minutes) – Conclusions and Questions

**Statement of Learning:** The above conference will be provided live (synchronous) by accessing a Zoom meeting link provided to registered participants. The course may be recorded for future use. The course content will include lecture, images and videos, and case-studies. A question and answer session will occur during the final 10 minutes. Questions may be posed by listeners by “raising their hand” (live) or using the “chat” feature on Zoom.

**CEU statement: This program is offered for a maximum of 0.2 ASHA CEUs (Intermediate level; Professional area). No partial credit will be provided.**

